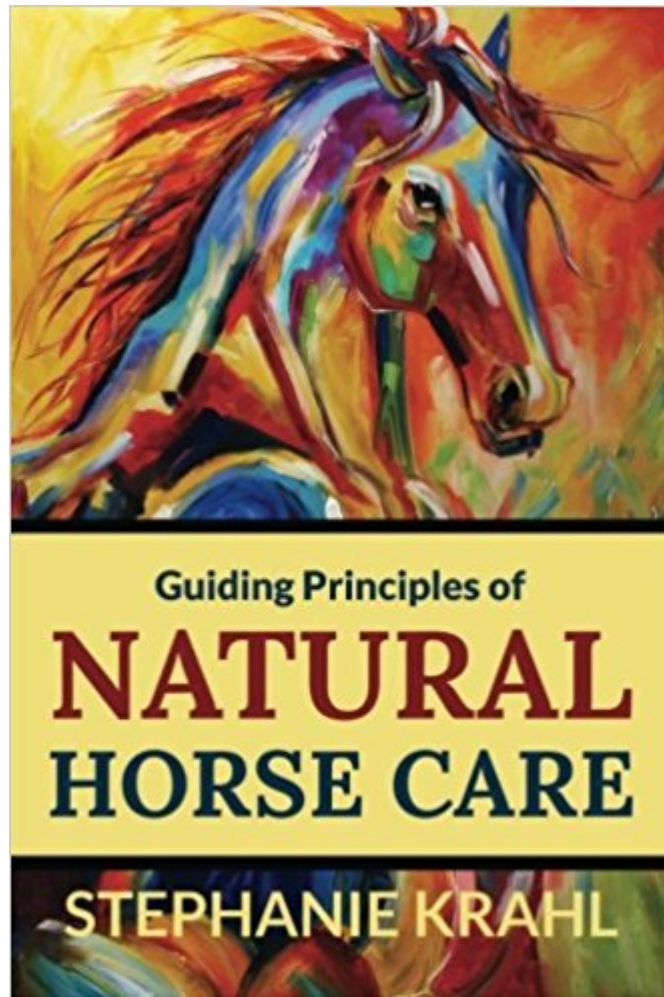


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# Guiding Principles Of Natural Horse Care: Powerful Concepts For A Healthy Horse



## Synopsis

Bonus: This book includes an exclusive - member's only - resources area on [soulfulequinebooks.com](http://soulfulequinebooks.com) so you can expand upon your new found knowledge and take it to the next level. In *Guiding Principles of Natural Horse Care*, Stephanie Krahle teaches horse guardians the foundational concepts necessary to enhance and optimize their horse's overall health and well-being. This is not a book about cookie cutter approaches, nor does it tailor to the silver bullet mentality, but rather it's a practical guide that provides valuable information if you're wanting to keep your horse naturally. Natural horse care has become a popular approach to maintaining your equine partner with the goal in mind that she'll have both quality of life and longevity. Additionally, guardians are finding it to be an excellent approach to decreased horse keeping expenses and to having the potential for decreased veterinarian bills. Although the hurdles to starting a natural horse keeping program appear to be minimal, without an experienced guide it's easy to become frustrated when you feel your expectations are not met. This book was written by the creator of Soulful Equine, a leading resource on natural horse care, and takes the reader through the key principles for maintaining a naturally healthy horse. *Guiding Principles of Natural Horse Care* provides practical advice and results based on the author's own experience of what works through tried and tested strategies. Inside this book, the reader will learn: To understand the dreaded feeling of fear and how to manage it when it relates to your horse and to your horse's care. If fear arises, you'll be more prepared to deal with it if a challenging situation presents itself. The role foundational nutrition plays in having a consistently healthy horse. A consistently healthy equine partner helps you feel confident that you're making the right decisions about your horse's overall care. Details regarding common health concerns for guardians and why implementing a well-rounded natural horse care program may prevent, if not eliminate, most concerns. You will feel confident and less fearful. What to consider if you want to take your horse barefoot and what to consider in order to maintain a sound barefoot horse. By setting your barefoot program up for success, you will feel more at ease and less confused when it comes to lameness concerns. Points to consider when deciding to trim your own horse. Having all the facts up front allows you to feel confident in your decision with little doubt and few, or no, regrets. To think of the word "expert" differently. Many times, it's hard to know who to trust and believe when it comes to horse care. Knowing how to navigate through information when seeking out an individual for help will be empowering for you as a horse guardian. Guidelines for creating a natural habitat that saves you time, space, money and improves the health of your horse. Learning effective ways to allow your horse to move and interact with other horses, like nature intended, will help you have peace of mind like nothing else. What's necessary to implement

a foundational program that promotes a naturally healthy equine partner. By understanding foundational principles, you'll feel more confident about your horse care decisions. What is necessary in order to be a great caregiver and partner for your horse. Being able to make informed decisions about your equine companion's care will help you be more in control of your horse's overall health, well-being and your future together.

## **Book Information**

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## **Customer Reviews**

While I agree with nearly everything Krahll says in this book. I can't help but feel that I payed for a marketing brochure for Krahlls "soulful equine" brand. The book gives good ideas but gives no advice on how to implement them, and very few specifics in general. Instead Krahll suggests "buy this other book" or "visit the online resource center". Not the book I was looking for :\

This self-published book has almost nothing to say about the "natural horse" movement, what triggered it, and what kind of facts are available to support its claims. Most horse owners who believe in the movement will tell you what horses don't need: "No shoes, no bits, no blankets, no alfalfa. No exceptions." But the author doesn't go into much beyond shoeing, and wastes a lot of space by dancing around liability issues involved if owners follow her advice and don't shoe their horses--and their horse comes up lame. The author is fond of quoting herself--usually in boldface. A reader who wants a discussion of the principles involved in the "natural horse" movement--some of which I follow--he or she won't find it here.

The author, Stephanie Krah, has produced a work of exceptional clarity. This book will be of enormous importance to anyone with a horse, or wishing to understand more about the effective care of these wonderful creatures. If you are contemplating the acquisition of an equine companion, please read this book first. There are many practices in horse care that are accepted simply because "that is the way it has always been done." This has obviously never been a satisfactory situation for Miss Krah. Her keen powers of observation have been applied throughout years of living with horses, studying them, and respecting the inherent nature of horses. The result is a book which will be a revelation to those unacquainted with the principles of natural horse care. For the more experienced, the book's well organized presentation will provide a useful review and ready reference. If you have any interest in horses at all, this book is not to be missed.

This is a great beginner book. I am a person who thinks for themselves. So, if the desire is there to have the knowledge and for lack of a better word, permission, to follow your gut and really think about horse care, this is the book to get you started!!

Stephanie covers critical aspects of horse care, for everyone: the novice or someone with 20+ yrs experience, old school or new school. She comes at not only with a fresh look, but with years of experience. Someone that has searched out what is best for the horse---and not just because "that's the way it's been done for the last 50 years". As a relatively new caregiver to horses, I'm open to learning that maybe there's a better way of doing things for my horses. From nose to tale, feeding and sheltering this book has it all.

Stephanie does a fantastic job explaining the reasoning behind natural horse care. She uses common sense and years of experience to explain how to care for and enhance one of the best friends that you will ever have, your horse. If this is taken to heart and put into practice, you can greatly enhance your relationship with your horse. A very good read and a must read for anyone who wishes to understand more fully your horse. Thanks for writing this book. It has already helped me a lot.

This is a brilliant book! It brings together all the foundational concepts for keeping your horse in conditions as close to natural as possible. If you study natural horsemanship, you will already understand the principles of handling and training a horse the natural way, as opposed to "breaking" a horse. Natural horsemanship is a growing phenomenon, no longer frowned on. But this book goes

further and considers all aspects of keeping a horse healthy and happy. Horses naturally travel long distances in herds, grazing each day; and we put them in a small paddock in the day, and a stable at night. Horses are not like us, they want to be out, with their friends, moving around. Using a track system in your field encourages movement, and helps prevent laminitis. I have been using a track for several years, and my horses love it. This book describes using a track; but it introduced me to stud piles, which I had not heard of. If you create stud piles (piles of poo) at intervals on the track, the horses learn, in less than a week, to poo near the pile (or on it). "Poo picking" is so quick now - and I have 6 horses! The book also discusses natural hoof care - going barefoot; nutrition; parasite control; to rug or not to rug; and much more. If you are open to new concepts, and really want the best for your horse, I can assure you, you will find something you can use to benefit your horse and to make your job of looking after your equine companion easier. The interesting thing is, it all makes such good sense, that you wonder why you haven't been doing it all the time.

One of the things I like most about Stephanie's current philosophy (and practices) is that she has questioned and 'scientifically' analyzed everything she's learned about horses, for years, and only incorporates something into her methodology if it is truly beneficial for the horse and helps him Thrive. She recommends being skeptical--but open-minded--about everything any (so-called) expert tells you. One of the most frustrating things I've found about the 'horse world' is the wide, and frequently confusing, spectrum of information which, on further scrutiny, is too often comprised largely of opinion (and a lot of it uneducated). That's partly why I like Stephanie's book so much--she gets right to the heart of things and is very direct. She's not afraid to say that the ways of natural horse keeping that she puts forth may not be what you have, in the past, thought of as 'normal.' But they are vastly better, for both your horse and you. She provides you with priorities, structure, and resources, keys things that show you a way(s) to actually implement natural methods, rather than just theorizing about them. We have 4 (once-wild) mustangs and occasionally I've had some misgivings about having removed them from the wild (not by my own doing, but...they're no longer running free, all the same). Utilizing the essential natural horse keeping methods outlined in Stephanie's book gives me peace of mind in knowing that, although these fine animals are no longer wild, they are being provided an environment in which they can live and thrive as Mother Nature intended. Get a copy of this book, USE its methods, and you'll be giving your horse(s) the amazing gifts of true health, vigor and long life.

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Guiding Principles of Natural Horse Care: Powerful Concepts for a Healthy Horse Understanding

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